

Canterbury Dance Handbook 2025



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Overview

The Canterbury Co-Curricular Dance program enables students to participate in a range of Dance ensembles. The program caters for students from ELC to Year 12, inspiring dancers of all ability levels to strive for their full potential. Students are provided with technical training by qualified dance teachers in jazz, contemporary, lyrical, musical theatre and hip-hop dance styles.

Contact Details

Arts Administration – Mrs Marissa Ryan +61 7 3299 0812 <u>arts@canterbury.qld.edu.au</u> Studio lessons and enrolments, attendance at events and exams.

Dr Katrina Peddell - Director of Performing Arts k.peddell@canterbury.qld.edu.au

Mrs Cathy Brown - Coordinator of Dance Ensemble enrolments, uniforms, lesson attendance, eisteddfods, performances. Show Team, Canterbury Dance Company ca.brown@canterbury.gld.edu.au

Mrs Heather Barraclough – Teacher Little Groovers, Rise, Flame, Shine, SFD Technique/Exams <u>h.barraclough@canterbury.qld.edu.au</u>

Mrs Taylah Newton - Teacher Ignite, Blaze, Hip Hop Squad, Hip Hop Varsity, Canterbury Dance Company Studio Lessons t.newton@canterbury.gld.edu.au

Mr Michael Brown – Teacher Boyzone, BoyzCrew <u>m.brown@canterbury.qld.edu.au</u>

Miss Meghann Pruss – Teacher Canterbury Dance Troupe <u>m.pruss@canterbury.qld.edu.au</u>

Junior Dance Ensembles



Non-competitive

Little Groovers Dance Class - ELC (Early Learning Centre) and Prep

A non-auditioned dance class providing an opportunity for students in ELC and Prep to participate in dancing for enjoyment with the College. The goal of this team is to build a love of music, dance and movement in a safe and fun environment. Little Groovers Prep will perform at Dance Spectacular in September.

Rise Dance Class - Years 1-2

A non-auditioned dance class providing an opportunity for students in Years 1-2 to participate in dancing for enjoyment with the College. The goal of this group is to develop musicality, coordination, confidence and stage presence whilst learning skills in the jazz dance style. Students will perform at Dance Spectacular in September.

Flame Dance Class - Years 3-6

A non-auditioned dance class providing an opportunity for students in Years 3-6 to participate in dancing for enjoyment with the College. The goal of this group is to develop musicality, coordination, confidence and stage presence whilst learning skills in the jazz dance style. Students will perform at Dance Spectacular in September.

BoyZone - Years 3-6

A non-auditioned dance class taught with a focus on movement, boys' dance choreography, coordination, musicality and confidence. Students will perform at Dance Spectacular in September.

Southern Federation of Dance Technique - (Year 4 and above)

This is a jazz technique class where students study the Southern Federation of Dance exam syllabus and prepare for an optional exam at the end of the year. These skills further enhance dance technical and expressive abilities to support excellence across all ensembles. This class has a flexible enrolment, per term or all year, depending on the needs of the dancer. If students are sitting the exam, however, they must attend all year.





Competitive

Shine Dance Company - Years 2-3

An auditioned dance team providing an opportunity for students in Years 2-3 to participate in competitive dancing with the College. The goal of this team is to build on existing skills in musicality, coordination, confidence and stage presence whilst developing skills in the jazz and lyrical dance style. Students will compete in eisteddfods and perform at school events throughout the year.

Years 4-6: Ignite Dance Company

An auditioned dance team providing an opportunity for students in Years 4-6 to participate in competitive dancing with the College. The goal of this team is to build on existing skills in musicality, coordination, confidence and stage presence whilst developing skills in the jazz, contemporary and lyrical dance style. Students will compete in eisteddfods and perform at school events throughout the year.

Years 4-6: Blaze Crew

An auditioned dance team providing an opportunity for students in Years 4-6 to participate in competitive dancing with the College. The goal of this team is to build on skills in the hip hop style. Students will compete in eisteddfods and perform at school events throughout the year. Students in the Blaze Crew are permitted to also participate in either Flame Dance Class or Ignite Dance Company if they wish.



| Junior Dance | Summary | | | | | | | |
|--|---|---|--|---|---|---|---|--|
| | Little Groovers | Rise Dance Class | Boyzone | Shine Dance Company | Flame Dance Class | Ignite Dance Company | Blaze Crew | SFD Technique Class |
| Ages | ELC-Prep | Years 1-2 | Years 3-6 | Years 2-3 | Years 3-6 | Years 4-6 | Years 4-6 | Year 4 and above |
| Entry | Clipboard – Jan 2026 | Clipboard Nov 2025 | Clipboard Nov 2025 | Audition Oct 2025 | Clipboard Nov 2025 | Audition Oct 2025 | Audition Oct 2025 | Clipboard Nov 2025 |
| Entries close | February 2025 or at capacity | February 2025 or at capacity | February 2025 or at capacity | - | February 2025 or at capacity | - | - | Remains open unless full |
| Audition | Nil | Nil | Nil | Term 4 Week 4 | Nil | Term 4 Week 4 | Term 4 Week 4 | Nil |
| Ensemble | \$250 / year | \$300 / year | \$300 / year | \$350 / year | \$300 / year | \$350 / year | \$350 / year | \$100/per term \$50 T4 |
| Fee | | | a 4-week trial period | at the beginning of ea | ch year. After this time | e, refunds will not be a | available | |
| Class times | Friday Prep: 3:30-4:00pm ELC: 4.00 – 4.30pm | Rise A - Thurs Rise B- Wed 7.00 – 8.00am | Wednesday 3.30 – 4.30pm | Thursday 3:30-5:00pm | Friday 7.00 – 8.00am | Monday 3:30-5:30pm | Wednesday 7:00-8:00am | Monday 7.00 – 8.00am |
| Performances | Prep - Dance Spectacular Show and Share | Dance Spectacular | Dance Spectacular | Eisteddfods Dance Spectacular | Dance Spectacular | Eisteddfods Dance Spectacular | Eisteddfods Dance Spectacular | Dance Exam in Term 4 |
| Uniform requirements (order before Nov 12 2025) | Regular school uniform | Regular school uniform | Canterbury Sport uniform Sports shoes | Canterbury Dance uniform School sport shoes | Canterbury Dance uniform OR Canterbury Sport uniform | Canterbury Dance uniform White sneakers | Canterbury Dance uniform White sneakers | Canterbury Dance uniform |
| Additional items required | (PREP only) Hair supplies Stage makeup Black, elastic-sided jazz shoes Tan dance stockings (convertible) | Black, elastic- sided jazz shoes Tan dance stockings (convertible) Hair supplies Basic stage makeup. | White sneakers and black cotton shorts for performances | Black, elastic- sided jazz shoes Tan dance stockings (convertible) Hair supplies Stage makeup | Black, elastic- sided jazz shoes Tan dance stockings (convertible) Hair supplies Stage makeup | Black, elastic- sided jazz shoes Tan dance stockings (convertible) Hair supplies Stage makeup | Hair supplies Stage makeup | Black, elastic- sided jazz shoes Tan dance stockings (convertible) |

Senior Dance Ensembles

Non-competitive



Canterbury Dance Troupe - Years 7-12

A non-auditioned, non-competitive team provides an inclusive and supportive environment for students eager to embrace the art of movement and dance. Exploring choreography, jazz and contemporary styles, Canterbury Dance Troupe offers a unique opportunity for students to explore the skills of creating and performing dance in a nurturing environment.

Hip Hop Squad - Years 7-12

A non-auditioned dance team providing an opportunity for students to learn and perform Hip Hop with the College in a non-competitive environment. The goal of this team is to develop technical and expressive skills in this style. Students will perform at Dance Spectacular. Students in Hip Hop Squad are permitted to audition for other ensembles if they wish.

SFD Techniques Class - Year 4 and above

A jazz technique class where students study the Southern Federation of Dance exam syllabus and prepare for an optional exam at the end of the year. These skills further enhance dance technical and expressive abilities to support excellence across all ensembles. This class has a flexible enrolment, per term or all year depending on the needs of the dancer. If students are sitting the exam, however, they must attend all year.

BoyzCrew Years 7-10

A non-auditioned dance team focusing on movement created specifically for boys to enhance coordination, gross motor skills, musicality, confidence, teamwork and selfexpression. Students will perform at Dance Spectacular. Students in BoyzCrew are welcome to audition or register for all other ensembles if they wish.

Competitive

Show Team – Years 7-9 / Canterbury Dance Company - Years 10-12

Both Show Team and Canterbury Dance Company are teams providing an opportunity for students to participate in competitive dancing with the College. The goal of this team is to build on existing skills in musicality, coordination, confidence and stage presence whilst developing skills in the jazz and lyrical/contemporary dance style. Students will compete in eisteddfods, and perform at school events such as assemblies, Dance Spectacular and musicals. Attendance at all performances is compulsory.

Hip Hop Varsity - Years 7-12

A dance team providing an opportunity for students to participate in competitive dancing with the College. The goal of this team is to build on skills in the hip hop style. Students will compete in eisteddfods and perform at Dance Spectacular. Students in Hip Hop Varsity are permitted to also audition for Show Team or Canterbury Dance Company if they wish. Attendance at all performances is compulsory.

| | Show Team | Canterbury Dance Company | Hip Hop Varsity | Hip Hop Squad | SFD Technique Class | Canterbury Dance Troupe | BoyzCrew |
|----------------------|--------------------------------|--------------------------------|---------------------------|-------------------------|-------------------------------|--------------------------------|---------------------|
| Ages | Year 7-9 | Year 10-12 | Year 7-12 | Year 7-12 | Year 4 and above | Year 7-12 | Year 7-10 |
| Entry | Audition | Audition | Audition | Non-auditioned | Non-auditioned | Non-auditioned | Non-auditioned |
| Entries | Term 3 | Term 3 | Term 3 | November 2025 | November 2025 | November 2025 | November 2025 |
| Linuies | Week 9 | Week 9 | Week 9 | Clipboard | Clipboard | Clipboard | Clipboard |
| Ensemble Fee | \$350 / year | \$350 / year | \$350 / year | \$300/year | \$100/per term \$50 Term 4 | \$300/year | \$300/year |
| | | There is a 4-wee | k trial period at the beg | inning of each year. Af | ter this time, refunds w | ill not be available | |
| Class times | Friday | Tuesday & Friday | Thursday | Tuesday | Monday | Wednesday | Thursday |
| | 3:30-5:30pm | 7:00-8:00am | 7:00-8:00am | 7.00 – 8.00am | 7.00 – 8.00am | 3.30 – 4.30pm | 7:00-8:00am |
| | Eisteddfods | Eisteddfods | Eisteddfods | Dance Spectacular | Dance Exams in | Dance Spectacular | Dance Spectacular |
| Performances | Dance Spectacular | Dance Spectacular | Dance Spectacular | | Term 4 | | |
| | Assembly | Assembly | Assembly | | | _ | |
| Uniform | Canterbury Dance | Canterbury Dance | Canterbury Dance | Canterbury Dance | Canterbury Dance | Canterbury Dance | Canterbury Dance |
| requirements | uniform | uniform | uniform | uniform | uniform | uniform | uniform |
| | White sneakers | White sneakers | White sneakers | White sneakers | | | |
| | Black, elastic-sided | Black, elastic-sided | Hair supplies | Hair supplies | Black, elastic-sided | Black, elastic-sided | White sneakers and |
| A daliti a nalita ma | jazz shoes | jazz shoes | Stage makeup | Stage makeup | jazz shoes | jazz shoes | black cotton shorts |
| Additional items | Tan dance | Tan dance | Black, long sleeve | Black, loose, crew | Tan dance | Tan dance | for performances |
| required | stockings | stockings | fitted t-shirt | neck t-shirt | stockings | stockings | |
| | (convertible) Hair supplies | (convertible) Hair supplies | | | (convertible) | (convertible) Hair supplies | |
| | Stage makeup | Stage makeup | | | | Stage makeup | |
| | Stage makeup | olage makeup | | | | Stage Makeup | |

Senior Dance – Summary

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| | oury Dance Schedule to change) | | | | |
|----|---|---|---|--|---|
| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| AM | SFD DANCE TECHNIQUE Y4 and above Senior Dance Studio 7.00 – 8.00am | HIP HOP SQUAD Year 7-12 Senior Dance Studio 7.00 – 8.00am CANTERBURY DANCE COMPANY Y10-12 Performing Arts Theatre 7.00 – 8.00am | RISE DANCE CLASS B Y1-2 Junior Dance Studio 7.00 – 8.00am BLAZE CREW Y 4-6 Senior Dance Studio 7.00 – 8.00am | RISE DANCE CLASS A Y1-2 Junior Dance Studio 7.00 – 8.00am HIP HOP VARSITY Y7-12 CEC 7.00 – 8.00am | FLAME DANCE CLASS Y3-6 Junior Dance Studio 7.00 – 8.00am CANTERBURY DANCE COMPANY Y10-12 Performing Arts Theatre 7.00 – 8.00am |
| | | | | BOYZCREW Y7-10 7.00 – 8.00am Senior Dance Studio | |
| PM | IGNITE DANCE COMPANY Y4-6 Junior Dance Studio 3.30 – 5.30pm | | BOYZONE Y3-6 Junior Dance Studio 3.30 – 4.30pm | SHINE DANCE COMPANY Y2-3 Junior Dance Studio 3.30 – 5.00pm | LITTLE GROOVERS PREP Junior Dance Studio 3.30 – 4.00pm |
| | | | CANTERBURY DANCE TROUPE Y7-12 Senior Dance Studio 3.30 – 4.30pm | | LITTLE GROOVERS ELC ELC Classroom 4.00 – 4.30 |
| | | | | | SHOW TEAM Y7-9 Performing Arts Theatre 3.30– 5.30pm |

Canterbury Dance Staff

Introducing Our 2025 Canterbury Dance Teaching Team

Cathy Brown

Canterbury Coordinator of Dance
BA Creative Industries (Dance) Post Graduate Diploma of Education CSTD Jazz Certified

LDA Studio Teacher

Introducing Mrs Cathy Brown. a vibrant and accomplished professional with a rich 15-year background in the creation and implementation of Dance Curriculums for Junior and Senior Schools.

Her extensive expertise extends beyond the academic realm, encompassing valuable hands-on experience in studio teaching.

Fueled by a genuine passion for both dance and education, Mrs Brown is a dedicated Dance Educator who now contributes her wealth of knowledge to the educational landscape here at Canterbury College.



 Advanced Diploma in Dance - Performance Major Classical/Contemporary • SFD Jazz, Tap, Classical Examiner RAD Ballet Teacher Dancesport Coach

Heather Barraclough

Meet Mrs Heather Barraclough. an accomplished dance professional with a wealth of experience

She has an Advanced Diploma in Dance Performance with a Major in Classical and Contemporary styles.

She is a former professional commercial dancer and also a certified Southern Federation of Dance examiner.

Mrs Barraclough's influence extends across various dance forms, including her role as a Royal Academy of Dance Ballet Teacher and Dancesport Coach

Having owned GPAC Studio for 13 years, she has played a pivotal role in shaping the talents of dancers in the community.



Taylah Newton

 CSTD Jazz Certified Advanced Diploma of Performing Arts

Certificate III in Dance Studies

Meet Miss Taylah Newton, a professional dancer who discovered her passion at age three

With a background including CSTD Tap Examinations and reaching an Advanced 1 Level in RAD Ballet, she holds an Advanced Diploma of Performing Arts from Conroy Performing Arts College.

With a versatile and creative background, Taylah has choreographed competition routines and productions in studios across Brisbane and the Gold Coast.

Now at Canterbury, she brings her drive, innovation and experience to studio lessons and group ensembles, showcasing her commitment to the next generation of dancers.



Olivia Di Pasauale

Canterbury College Graduate
Studied Senior Dance Certificate III in Early Childhood

Meet Miss D, a Canterbury College graduate of 2020 with a specialisation in Senior Dance.

She also holds a Certificate III in Early Childhood and Education, showcasing her commitment to a well-rounded educational background.

Over the last three years, Miss D has been actively involved in teaching and choreographing for the Show Team and Canterbury Dance Troupe.

Her hands-on experience has allowed her to develop innovative dance works, reflecting her passion and creativity in the vibrant world of dance.



Meghann Pruss

• BA Fine Arts, Dance BA Primary Teaching
ATOD Certified

> Meet Miss Meghann Pruss, a Canterbury Junior School Teacher and passionate Dance Educator with over 20 years of training.

> Meghann's journey began at Sheldon College in the Australian School of the Arts Program.

She holds a Bachelor of Fine Arts (Dance) and a Masters in Primary Teaching, blending performance expertise with education.

A Licentiate Member of Australian Teachers of Dancing (ATOD), Meghann has completed advanced exams in ballet, contemporary, tap, jazz and hip hop dance.

She has also taught senior technical classes and led performance teams at various studios

With her ability to inspire students of all ages, Meghann brings energy and expertise to every class she teaches.



Canterbury Dance 🥏

Michael Brown

BA Education BA Behavioural Studies Zumba Fitness Certified Instructor Junior School Teacher For 17 years

Meet Mr Michael Brown, a seasoned educator with a background in education and behavioural studies

His passion and unwavering commitment for teaching creates a love of learning in the classroom and dance studio.

As a certified Zumba Fitness Instructor, Mr Brown brings a vibrant energy to BoyZone with his own unique style.

With 17 years' experience as a Junior School Teacher, he is an inspiring yet humble role model, and stands out as a nurturing advocate for holistic learning.

Boys in Dance

At Canterbury we value the importance of creating a positive culture for boys to engage in the dance program. Dance offers boys a chance to build physical strength, coordination, and flexibility while fostering creativity and self-expression. It encourages teamwork, overall fitness, discipline, and focus. Additionally, it provides a supportive environment for boys to develop confidence, challenge stereotypes, and explore movement in team environment. There are multi-faceted benefits of dance for boys, from physical health to social and emotional growth. Boys are encouraged and welcome to audition and/or register for all of our ensembles. Additionally, we have two specialist teams:

BoyZone - Years 3 – 6 2024 Boyzone Project – *Believer*

BoyZone - Believer

BoyzCrew – Years 7-10 (new in 2025)

Our goal is for these teams to progress towards competing in their first Eisteddfod in the near future.





Junior School Auditions

Auditions are held after school in Term 4, Week 4, for Junior School performance teams. Registrations will open at the beginning of Term 4.

Shine Dance Company

Open to students currently in Year 1 - 2, 2025 (Years 2-3 2026) Date and Time: Term 4, Week 4 Thursday afternoon (TBC) Location: CEC Current students must meet dance staff at the Nabei undercover area for roll marking and to be walked over to the CEC.

Ignite Dance Company

Open to students currently in Years 3-5, 2025 (Years 4-6 2026) Date and Time: Term 4, Week 4 Monday afternoon (TBC) Location: CEC Students must meet dance staff at the Nabei undercover area for roll marking and to be walked over to the CEC.

Blaze Crew

Open to students currently in Years 3-5, 2025 (Years 4-6 2026) Date and Time: Term 4, Week 4 Monday afternoon (TBC) Location: CEC Current students must meet dance staff at the Nabei undercover area for roll marking and to be walked over to the CEC.

Registrations open from Tuesday 7 October through Microsoft Forms and will close at 8:00pm, Thursday 23 October 2025. The link will be posted on MyCC.

What to bring/wear:

- Clothing: Canterbury Dance uniform OR Canterbury College sport uniform. If new to the college in 2026, comfortable clothes to dance in.
- Footwear: jazz shoes or bare feet for Ignite/Shine, sneakers for Blaze.
- Drink bottle and healthy snack
- Students are to be collected from the CEC at the conclusion of their audition.

Out of respect for all dancers, family members are not permitted in the room during the auditions.

Senior School Auditions

Auditions are held the week after Dance Spectacular at the end of Term 3 each year for the Senior School performance teams. Registrations will open two weeks before. Dates and times TBA.

Show Team

Open to students currently in Years 6-8, 2024 (Years 7-9, 2025) Date and Time: Term 3, Week 9 Friday afternoon (TBC) Location: CEC

Canterbury Dance Company

Open to students currently in Years 9-11, 2024 (Years 10-12, 2025) Date and Time: Term 3, Week 9 Friday morning (TBC) Location: CEC

Hip Hop Varsity

Open to students currently in Years 6-11, 2024 (Years 7-12, 2025) Date and Time: Term 3, Week 9 Thursday morning (TBC) Location: CEC

Registrations will open on 1 August 2025 through a Microsoft forms link which will be shared on MyCC. These forms will close at <u>12:00pm, Wednesday 3 September 2025</u>

What to bring/wear:

- Clothing: Canterbury Dance uniform OR Canterbury College sport uniform
- Footwear: Joggers/sneakers (Hip Hop), jazz shoes
- Drink bottle

Important Notice

Auditions are always competitive, with many students attending each year. As there are limited places available, we unfortunately cannot accommodate everyone, and decisions made by staff are final. Please also note that acceptance into a team for one year does not guarantee acceptance in subsequent years.

Outcomes

All auditioning students' parents will receive an email within two weeks following the audition/s to inform them of the results. If unsuccessful at gaining a place, students will be encouraged to enrol in a non-audition ensemble before the end of the year for 2026.

Clipboard Registrations

The following document outlines the process for enrolling in non-auditioned dance ensembles via Clipboard. Registrations open at the beginning of November of each year for the following year, except Little Groovers which will open in January. Places can fill very fast. If a class you wish to join is full, please join the waitlist. If a position comes available throughout the year, you will be contacted by the dance coordinator and offered the placement. If an overwhelming number of students are on the waitlist for a particular class, another class will be scheduled if possible.

Clipboard Registration Process

Rehearsal Studio Locations

Junior Dance Studio (C03) – Bareibun Precinct, Ground Floor High Road Carpark, Junior School







Canterbury Events Centre (CEC) High Road Carpark, Junior School







Senior Dance Studio (M12) Easterly Street Carpark, Senior School







Performing Arts Theatre (PAT) Easterly Street Carpark, Senior School



Drop off and Collection Procedures

Junior School

Morning Lessons

Students must be dropped off at their studio location at 7am to a dance staff member. Parents are not required to stay after they have been signed in. After the lesson, students are supported by staff in their transition to the supervised play areas in the Junior School. Parents are not permitted to watch regular lessons for the health and safety of the dancers in the studio spaces.

Afternoon Lessons

After school, students are to meet teachers at Nabei, the undercover area in the Junior School, and will be walked to the Dance Studio for their lesson. Parents are to collect their child promptly from outside the studio location at the conclusion of the lesson. Parents must contact the ensemble teacher or manager if they are running late due to unforeseen circumstances. After 10 minutes, students will be taken to OSHC at the parent's expense. Students in the Early Learning Centre are collected and signed out from the ELC as per their guidelines.

Senior School

Morning Lessons

Students must be dropped off at their studio location to a dance staff member at 7am. Parents are not permitted to watch regular lessons for the health and safety of the dancers in the studio spaces. Dancers will be released at 8am to change into their school uniform and prepare for the school day.

Afternoon Lessons

After school, students are to change into their dance uniform and meet dance staff at their studio location. Parents are to collect their child/ren promptly from outside the studio location at the conclusion of the lesson. Parents must contact the ensemble teacher or manager if they are running late due to unforeseen circumstances. After 10 minutes, students will be directed to Senior School administration for pick up.

2025 Yearly Overview

| Term | Event |
|-------|---|
| One | Lessons commence in Term 1 Week 2 Costume fittings Establishing routines Development of technical and expressive skills Learning new choreography |
| Two | Learning performance routinesAssembly performances |
| Three | Junior School Musical Eisteddfods – QUOTA Beenleigh and Gold Coast (TBC) Studio Recital (TBC) Assembly performances Dance Spectacular – Week 8 Auditions for Senior School performance ensembles (Week 9) |
| Four | Lessons conclude for Shine, Blaze and Ignite – Week 3 Auditions for Junior School performance ensembles – Week 4 Lessons conclude for all other junior ensembles and non- auditioned Senior ensembles - Week 5 2026 Clipboard Registrations – Week 5 2026 Uniform Orders – Week 5 Southern Federation of Dance Mock Exams – Week 5 Southern Federation of Dance Exams – Week 6 Studio Recital – Week 7 (TBC) Lessons conclude for Show Team, HHV and CDC - Week 7 |



Annual Fees

The ensemble fee is paid once at the beginning of the year after the four-week trial period. After this time, refunds will not be issued. If you need to unenroll your child for any reason, please notify arts@canterbury.qld.edu.au immediately.

Little Groovers\$250Junior and Senior ensemble: non-competitive\$300Junior and Senior performance ensemble – competitive\$350

SFD Technique class – flexible enrolment. Students can study per term or for the whole year. If students decided to participate in the exam, they will need to attend all year.

\$100 per term /\$50 term 4

Annual fee is inclusive of:

- weekly lessons with a qualified dance instructor
- team manager for younger year levels
- costume hire induvial allocation and laundering
- class resources
- costume accessories
- props if applicable
- Dance Spectacular rehearsal afternoon and performance.

Additional inclusions for performance teams:

- eisteddfod entry fees
- competitor pass
- ribbons
- bus transportation for weekday eisteddfods

Attendance and Requirements

Attendance

Participation in Canterbury Dance requires a full-year commitment. Dancers are expected to maintain attendance for all rehearsals and performances. Additionally, attendance at all performances and competitions is expected to remain enrolled in a competitive ensemble.

Requirements

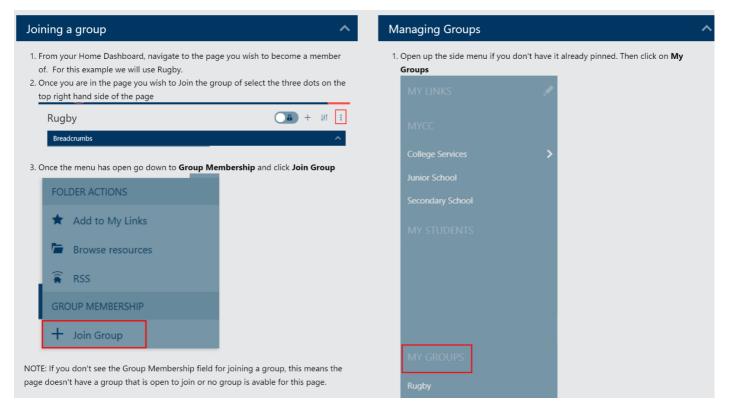
Students must wear their full correct uniform (including listed footwear), as outlined in the uniform guide, to all classes and performances. For safety reasons, if students arrive at rehearsals without the correct attire, they will be required to observe the lesson. Hair must always be neatly tied back as per the College hair policy. For the safety of all dancers and staff, high behaviour expectations, as per the College behaviour policy, exist for all lessons.

Lesson Variations

If a teacher is absent, in the first instance the class will be taught by another dance staff member. In the unlikely event that this isn't possible, the class will be cancelled, and parents will be notified on MyCC, and via email with less than a day's notice. At times, lesson locations will change in preparation for performances, or due to college events. The term overview on the MyCC homepage is always accurate with the most up-to-date weekly rehearsal location for each ensemble. Changes will also be sent the week before as a news post on MyCC.

MyCC Communication

There is a dedicated page on MyCC for Performing Arts, and a page for each ensemble for dancers and parents to access parents to use. The dance handbook, rehearsal resources, eisteddfod and performance information. Dancers will be added these pages as soon as they have been accepted into an auditioned team, or after registering on Clipboard. Parents are encouraged to join the group to keep up-to-date with information. For notification setting instructions on MyCC (CLICK HERE).



MyCC Links - click on the following:

Performing Arts MyCC Little Groovers MyCC **Rise Dance Class MyCC** Flame Dance Class MyCC Shine Dance Company MyCC **BoyZone MyCC** SFD Technique MyCC Ignite Dance Company MyCC Blaze Crew MyCC Show Team MyCC Canterbury Dance Troupe MyCC **Hip Hop Squad MyCC** BoyzCrew MyCC Canterbury Dance Company MyCC **Hip Hop Varsity MyCC** Studio Dance MyCC



Dance Uniforms

(prices may vary for the 2026 order)

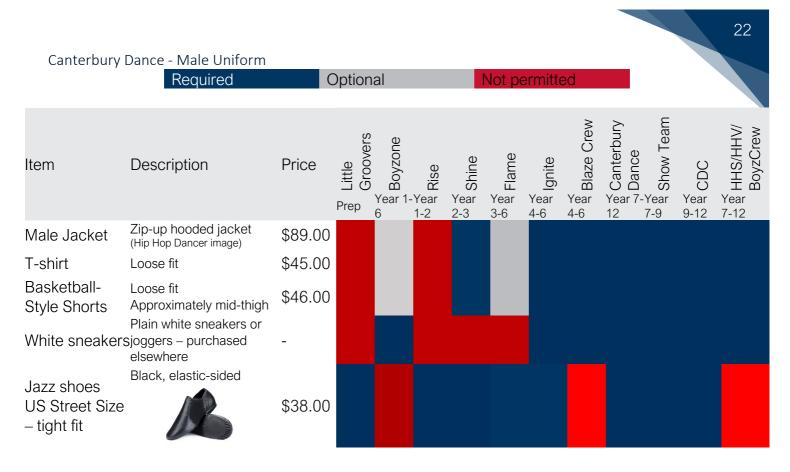
It is compulsory for dancers in performance teams to wear the full Canterbury Dance uniform to lessons. Please see the Uniform Guide and price list below for specific details.

Canterbury Dance - Female Uniform

| | Required | | Opt | tional | | N | ot pe | rmitte | ed | | | |
|---|---|---------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------|-------------------|-----------------------|--------------------|-------------------------|---------------------------------|
| ltem | Description | Price | da.d Groovers | Year 1-2 | Phine Shine Jear 5-3 | | | Peak Paze Crew | Labe Labe Dance | A Show Team 2-9 | O O Year 10-12 | A Alip Hop Squad/ Varsity |
| Female Jacket | Zip-up hooded jacket (Contemporary Dancer image) | \$89.00 | | | | | | * | | | | * |
| Singlet | Racer-back, fitted | \$42.00 | | | | | | ** | | | | ** |
| T-shirt | Loose fit | \$45.00 | | | | | | | | | | |
| Leggings | Full-length, fitted | \$47.00 | | | | | | *** | | | | *** |
| Basketball- Style Shorts | Loose fit Approximately mid-thigh | \$46.00 | | | | | | *** | | | | *** |
| Bike shorts | Tight fit Approximately mid-thigh | \$40.00 | | | | | | | | | | |
| White sneakers | Plain white sneakers or joggers – purchased elsewhere Black, elastic-sided | - | | | | | | | | | | |
| Jazz shoes US Street Size – tight fit | 2 | \$38.00 | | | | | | | | | | |
| Dance stockings | Stirrup style not permitted. Two colours available | \$15.00 | Convertible or full-footed | Convertible or full-footed | Convertible | Convertible or full-footed | Convertible | | Convertible | Convertible | Convertible | |

* Female students in Blaze Crew, Hip Hop Squad or Hip Hop Varsity may choose either the jacket with the contemporary dancer (female) or Hip Hop dancer (male) on it. They must have one of these two options. ** Female students in Blaze Crew, Hip Hop Squad or Hip Hop Varsity may choose either the t-shirt or the singlet (or both). They must have at least one of these two options.

*** Female students in Blaze Crew, Hip Hop Squad or Hip Hop Varsity may choose either the leggings or basketball shorts (or both). They must have at least one of these two options.



Images Female uniform set



Male/Hip Hop uniform set



Performance ensemble - jacket compulsory



Optional female bike shorts







Height - Centimeters

|--|

| | | | | | | | | | | S | ize (| Char | | | | on-si | | h Fal | bric, | Firm | Fit) | 1 | | | | | Ū | | | |
|-------------------|----|-------|------------------|------|-------|--------|--------|------|--------|-------|-------|-----------------------|--------|-------------|----------|--------------|-------|--------|-------|-----------------------|-------|--------|-------|----------------------|---------------------|-------------------|-----|--------|-----|-------|
| | | : | Size | | | 4 | | 6 | | 8 | : | 10 | | 12 | | 14 | | XS | s | mall | Me | edium | י נ | .arge | | XL | | 2XL | | 3XL |
| | | | k leng out co | | 48 | 3 cm | 50 |) cm | 52 | 2 cm | 54 | 1 cm | 5 | 6 cm | | NA | 5 | 8 cm | 6 | 0 cm | 6 | 2 cm | e | 64 cm | 6 | 66 cm | 6 | 58 cm | 7 | '0 cm |
| | | c | hest | | 52 | 2 cm | 56 | 5 cm | 60 |) cm | 64 | 1 cm | 6 | 8 cm | | NA | 8 | 0 cm | 8 | 4 cm | 8 | 8 cm | ç | 92 cm | ç | 96 cm | 1 | 00 cm | 1 | 04 cm |
| | | | | | | | | | | | | Siz | e Ch | art - | Race | er Ba | ick S | ingle | et To | ops | | | | | | | | | | |
| | | : | Size | | | 4 | | 6 | | 8 | | 10 | | 12 | | 14 | | xs | s | mall | Me | ediun | ו ו | .arge | | XL | | 2XL | | 3XL |
| | | Lov | v Wai | st | 52 | 2 cm | 58 | 3 cm | 63 | 3 cm | 67 | 7 cm | 7 | 2 cm | | NA | 7 | 8 cm | 8 | 2 cm | 8 | 6 cm | 9 | 94 cm | 9 | 98 cm | 1 | 02 cm | 1 | 06 cm |
| | | c | hest | | 52 | 2 cm | 56 | 5 cm | 60 |) cm | 64 | 1 cm | 6 | 8 cm | 7 | 4 cm | 8 | 0 cm | 8 | 6 cm | 9 | 2 cm | ç | 98 cm | 1 | .04 cm | n 1 | 10 cm | 1 | 15 cm |
| | | | | | | | | | | 9 | Size | Chai | rt - T | -Shi | rt (Li | mite | d St | retch | 1/L | oose | Fit) | | | | | | | | | |
| | | 9 | Size | | | 4 | | 6 | | 8 | : | 10 | | 12 | | 14 | | XS | s | Small | Me | ediun | n L | Large | | XL | | 2XL | | 3XL |
| | | c | hest | | ٦ | NA | I | NA | 72 | 2 cm | 76 | 5 cm | 8 | 0 cm | 8 | 4 cm | 8 | 8 cm | g | 92 cm | 9 | 6 cm | 1 | 00 cm | n 1 | .04 cm | 1 ו | .08 cm | 1 | 12 cm |
| | | Le | ength | | 1 | NA | I | NA | 60 |) cm | 62 | 2 cm | 6 | 4 cm | 6 | 6 cm | 6 | 8 cm | 7 | '0 cm | 7 | 2 cm | 7 | 74 cm | | 76 cm | | 78 cm | | 30 cm |
| | | Sleev | e Len | gth | 1 | NA | I | NA | 17 | cm | 18 | 3 cm | 19 | .5 cm | 2 | 0 cm | 2 | 1 cm | 2 | 2 cm | 2 | 3 cm | 2 | 24 cm | | 25 cm | | 26 cm | | 27 cm |
| | | | | | | | | | | | | | | Size | Cha | rt - L | .eggi | ings | | | | | | | | | | | | |
| | | : | Size | | | 4 | | 6 | | 8 | | 10 | | 12 | | 14 | | xs | s | imall | Me | ediun | n I | .arge | | XL | | 2XL | | 3XL |
| | | Lov | v Wai | st | 52 | 2 cm | 58 | 3 cm | 63 | 3 cm | 67 | 7 cm | 7 | 2 cm | | NA | 7 | 8 cm | 8 | 32 cm | 8 | 6 cm | 9 | €4 cm | 9 | 98 cm | 1 | 02 cm | 1 | 06 cm |
| | | C | Chest | | 52 | 2 cm | 56 | 5 cm | 60 |) cm | 64 | 4 cm | 6 | 8 cm | 7 | 4 cm | 8 | 0 cm | 8 | 86 cm | 9 | 2 cm | 9 | 98 cm | 1 | .04 cm | ו 1 | 10 cm | 1 | 15 cm |
| | | | | | | | Po | com | mon | dad t | | | | | | | | | | Shor hart l | | u inc | licat | oc ti | aic | | | | | |
| | | | Size | | | 4 | | 6 | | 8 | | 10 | | 12 12 | | 14 | | XS | | imall | | ediun | | .arge | <i>lis.</i> | XL | | 2XL | | 3XL |
| | | | Hips | | 48 | 8cm | 5 | 2cm | 58 | Bcm | 6 | 3cm | 6 | 7cm | 7 | 2cm | 7 | '4cm | 7 | 78cm | 8 | 2cm | 8 | B6cm | | 94cm | | 98cm | 1 | .02cm |
| | | | | | | | | | 1 | | | | S | ize C | hart | – Bi | ke S | hort | s | | | | | | | | | | | |
| | | _ | C: | _ | | 4 | Re | | | | | | | | | | | | | hart k | | | | | nis. | NI. | | 21/1 | | 21/1 |
| | | | Size | | | 4 | - | 6 | | 8 | | 10 | | 12 | | 14 | | XS | | mall | | ediun | | .arge 94cm | | XL 98cm | 1 | 2XL | | 3XL |
| | | | Hips | | 5. | 2cm | 5 | 8cm | 0: | 3cm | 0 | ^{7cm} Siz | | 2cm nart | | 4cm ockir | | '8cm | | 32cm | 0 | 6cm | | 94cm | | 98cm | | .02cm | | .06cm |
| | | Sn | hall Cl | hild | nterm | ediate | e Chil | Med | lium C | Child | Lar | ge Cl | nild | Srr | nall Ac | dult | Med | lium A | dult | Lar | ge Ac | lult - | xtra- | Large | <mark>e Adul</mark> | | | | | |
| | | | | | | | | | | | | | W | /eight | : - Kilo | ogram | s | | | | | | | | | | | | | |
| 91 | 14 | 16 | 18 | 20 | 23 | 25 | 27 | 29 | 32 | 34 | 36 | 39 | 41 | 43 | 45 | 48 | 50 | 52 | 54 | 57 | 59 | 61 | 64 | 66 | 68 | 70 | 73 | 75 | 77 | 79 |
| 97 102 107 | | | | SC | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 107 112 117 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 122 127 | | | | | | IC | | | | | | | | | | | | | | | | | | | | | | | | |
| 132 137 142 | | | | | | | | | MC | | | | | | | | | | | | | | | | | | | | | |
| 142 147 152 | | | | | | | | | | | | LC | | | | | | | | | | | | | | | | | | |
| 155 157 | | | | | | | | | | | | | | | | SA | | | | | | | | | | | | | | |
| 160 163 165 | | | | | | | | | | | | | | | | | | | | | MA | | | | | | | | | |
| 165 168 170 | | | | | | | | | | | | | | | | | | | | | MA | | | | | | | | | |
| 173 175 | | | | | | | | | | | | | | | | | | | | | | | | | LA | | | | | |
| 178 180 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | XLA | |
| 183 185 188 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 188 | | | | | | | 1 | | | | | | | | | | | | | | | | | | | | | | | |

| | | | Si | ze Chart | - Jackets | (Non-str | etch Fab | ric, Firm | Fit) | | | | |
|-------------------------------|-------|--------|-----------|-----------|-------------|----------|-----------|-----------|-----------|------------|--------|--------|--------|
| Size | 4 | 6 | 8 | 10 | 12 | 14 | xs | Small | Medium | Large | XL | 2XL | 3XL |
| Back length without collar | 48 cm | 50 cm | 52 cm | 54 cm | 56 cm | NA | 58 cm | 60 cm | 62 cm | 64 cm | 66 cm | 68 cm | 70 cm |
| Chest | 52 cm | 56 cm | 60 cm | 64 cm | 68 cm | NA | 80 cm | 84 cm | 88 cm | 92 cm | 96 cm | 100 cm | 104 cm |
| | - | | S | ize Char | t - T-Shirt | (Limited | l Stretch | / Loose I | Fit) | | | | |
| Size | 4 | 6 | 8 | 10 | 12 | 14 | xs | Small | Medium | Large | XL | 2XL | 3XL |
| Chest | NA | NA | 72 cm | 76 cm | 80 cm | 84 cm | 88 cm | 92 cm | 96 cm | 100 cm | 104 cm | 108 cm | 112 cm |
| Length | NA | NA | 60 cm | 62 cm | 64 cm | 66 cm | 68 cm | 70 cm | 72 cm | 74 cm | 76 cm | 78 cm | 80 cm |
| Sleeve Length | NA | NA | 17 cm | 18 cm | 19.5 cm | 20 cm | 21 cm | 22 cm | 23 cm | 24 cm | 25 cm | 26 cm | 27 cm |
| | | - | | | art – Unis | | | | | | | | |
| | | Recomn | hended to | o go up o | ne size fr | om regul | ar shorts | . Chart b | elow indi | cates this | | | |
| Size | 4 | 6 | 8 | 10 | 12 | 14 | XS | Small | Medium | Large | XL | 2XL | 3XL |
| Hips | 48cm | 52cm | 58cm | 63cm | 67cm | 72cm | 74cm | 78cm | 82cm | 86cm | 94cm | 98cm | 102cm |

If you are unsure of uniform sizing, it is recommended to order the next largest size.

Size Chart – Jazz Shoes – Male and Female Dancers

US street shoe size – US street shoe size. Tight fit – allow for growth over the holidays Child sizes 10 - 3. Adult sizes 5 - 13.

| Child | M - Medium W | / - Wide | | | | Adult | M - Medium W | / - Wide | | | |
|-------|--------------|----------|-------|-------|-------|-------|--------------|--------------|------|--------------|-------|
| 10M | 10W | 10.5M | 10.5W | 11M | ШW | 5M | 5W | 5.5M | 5.5W | 6M | 6W |
| 11.5M | 11.5W | 12M | 12W | 12.5M | 12.5W | 6.5M | 6.5W | 7M | 7W | 7.5M | 7.5W |
| 13M | 13W | 13.5M | 13.5W | ١M | ١W | 8M | 8W | 8.5M | 8.5W | 9M | 9W |
| 1.5M | 1.5W | 2M | 2W | 2.5M | 2.5W | 9.5M | 9.5W | 10м 11.5м | 10W | 10.5м 12м | 10.5W |
| ЗМ | ЗW | | | | | 12.5M | 12.5W | 13м | 13W | 12M | 1200 |
| | | | | | | | | | | | |

Uniform Orders

All uniform orders are placed at the end of the year for the following year. They open in November on <u>Parent Lounge under 'Events and Payments'</u>. Please note that the link will only be appear on the profile for your child after being accepted into a performance ensemble, or after registering on Clipboard for any other ensemble. Studio dancers will also be able to order. You will need to accept the invitation and then will be able to place your order.



| Events and | d Payments |
|------------|-------------------------------|
| Number | Description |
| - | |
| 195 | 2025 Canterbury Dance Uniform |

Uniform Requirements

There is a high expectation for personal presentation in class and rehearsals.

- Hair must be tied back neatly (as per the school policy).
- Rings, bracelets and necklaces are not permitted (for safety).
- Uniforms and dance attire must be clean, neat, in good condition and worn every lesson.
- Phones are not permitted in rehearsals as per the college mobile phone policy.
- If female dancers wish to wear something underneath the singlet, we recommend the purchase of a black, racer-back crop top. Undergarment straps must not be visible when wearing the dance singlet, and colour must only be black or dark blue.
- When attending dance events, students must wear the full Canterbury Dance uniform.
- Students are required to have black jazz shoes for their lessons and performances (except Little Groovers ELC). Thin 'no show' socks are an excellent choice for wearing with jazz shoes instead of socks or bare feet for rehearsals, or thin ankle socks. Students only need to wear stockings underneath their costumes for performances and/or exams.



Dancewear Supplies Alternate local supplier for shoes and stockings



Dance Store 1/20-26 Cerina Ct, Jimboomba QLD 4280 https://www.dancestore.com.au/ (07) 3103 2233 Monday - Friday 9am - 5pm Saturday - 9am - 2pm

Performance ensemble students may wish to purchase toe-thongs for contemporary/lyrical (optional). The toes must be exposed. These can be purchased at the Dance Store, or you can find them online.



Non-compulsory uniforms --Little Groovers, Rise, Flame, Boyzone

Flame and Boyzone students may wear/change into their sports uniform or dance uniform for their lesson. Little Groovers and Rise will rehearse in the uniform that they are scheduled to wear with their class that day. Please pack their jazz shoes with them on the day they have their lesson which they will change in and out of at the start and end of their lesson.

Boyzone dancers may wear their school sports shoes or jazz shoes for rehearsals.



Costumes

All dancers will be allocated a costume for their performance/s for the year. The college will store the costumes for students in-between performances. Lost or damaged costumes may incur a repair or replacement fee. They will be hung or placed in their induvial costume bag supplied by the college. For eisteddfods, costumes will be distributed the week prior to the performance. The college will launder all costumes.

Some groups may be required to organise/purchase part or all of their costume:

Hip Hop Squad – loose black crew neck t-shirt and white ankle socks.



BoyZone and BoyzCrew– loose plain black shorts with no logos, text or symbols, and white ankle socks.



During performances:

Underwear must not be visible underneath costumes. All underwear must be as close to skin-coloured as possible. Visible straps must be transparent.

No jewellery can be worn. If dancers plan to get their ears pierced, please do so at least six to eight weeks before a performance to avoid the risk of the piercing closing over. We recommend dancers leave all jewellery pieces at home on performance days to minimise the chance of loss.

There must be no nail polish (on fingers or toes) and nails must be cut short and smooth.



Make Up Guide

Basic Style



Canterbury Dance Makeup Guide

Little Groovers, Rise Dance Class, Shine Dance Company, Flame Dance Class

Dancers/parents are responsible for supplying and applying their own makeup.



Stage 1: Skin

- Clean and lightly moisturise skin.
- Select a foundation one-two shades darker than natural skin tone. Apply foundation over entire face and upper neck. Blend out at the edges.
- Dip a large complexion brush into loose setting powder and tap the brush against the jar/your hand to avoid excess powder on brush. Lightly dust all over face in outward sweeping motions.

Stage 2: Eyebrows

 Fill in eyebrows with brown eyeshadow or brown eyebrow pencil, using light feathering motions to mimic individual hairs

Stage 3: Eyes

- Lightly apply medium-brown eye shadow over entire lid and extending out above the crease and to the sides of the eye.
- Optional: Eyeliner will define the eyes on the stage. Draw along upper lash line starting about 0.5cm in from the centre of the eye extend and slightly beyond eyes, angling upwards once you reach the end of the eye. A liquid eyeliner with a marker-like tip is easiest.
- Apply two coats of black mascara on top and bottom lashes.

Stage 4: Cheeks

 Use blush brush to apply blush by starting at the hairline, just under cheekbone, and pulling colour forward to apples of cheeks.

Stage 5: Lips

- Apply red lipstick over entire top and bottom lips. It is recommended that younger students use lipstick that will stick and not smudge,
- Tip: You can use setting powder on your lips. This really prolongs the wear. Place
 a tissue over the lip, dip complexion brush into setting powder, getting a good
 amount of product on the brush. Dust over the area of the tissue that is on top of
 the lips.

Male Dancers

- Follow Stage 1: Skin to even out skin-tone and powder to prevent shine.
- Follow Stage 2: Eyebrows
- Stage 3: Lips Vitamin E Lip Balm

Makeup Checklist

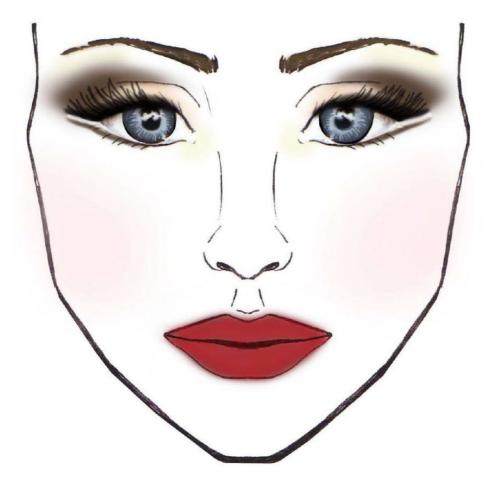
□ Foundation – one-two shades darker Black Eyeliner (liquid eyeliner with a marker-like tip recommended) than skin colour Black Mascara Brush/applicator for foundation Pink Blush Matte Setting Powder Brush for blush Large, fluffy brush for setting powder Red Lipstick Eyebrow Pencil or Eyebrow Powder Makeup Remover Wipes Brown Eyeshadow Tissues Brush for Eyeshadow Cotton Tips Mirror



Canterbury Dance Makeup Guide

Blaze Crew, Ignite Dance Company, Show Team, Canterbury Dance Company, Canterbury Dance Troupe, Hip Hop Squad, Hip Hop Varsity

Dancers/parents are responsible for supplying and applying their own makeup.



Note: The eyeshadow/eyeliner underneath the eyes in this image is not required.

Stage 1: Skin

- Clean and lightly moisturise skin.
- Select a foundation one-two shades darker than natural skin tone. Apply foundation over entire face and upper neck. Blend out at the edges.
- Apply concealer under eyes and over blemishes to produce an even skintone.
- For definition of cheekbones, apply contour powder/contour stick and blend under the cheekbones to create a shadow.
- Dip a large complexion brush into loose setting powder and tap the brush against the jar/your hand to avoid excess powder on brush. Lightly dust all over face in outward sweeping motions.

Stage 2: Eyebrows

- Comb through brows to tame any unruly hairs.
- Use angled eyeliner/brow brush to draw a thin line in centre of brows with dark brown eye shadow. Blend out the harsh lines with a brow brush or spooly.
- Alternatively, use an eyebrow pencil.

Stage 3: Eyes

- Highlight the brow bone and inner corner of eye with white shimmer eye shadow
- Lightly apply light brown eye shadow over entire lid up to crease.
- Apply dark brown eye shadow in the crease in the shape of sideways "V" focusing colour on the outer half of the eye. Leave the eyelid light brown.
- Blend out the harsh lines. We want the crease to be defined, but not totally angular.
- Use black eyeliner pencil or liquid liner along the upper lash line, winging it out at the end. A liquid eyeliner with a marker-like tip is easiest.
- Optional: Apply faux lashes on lash line.
- Apply two coats of black mascara on top and bottom lashes.

Stage 4: Cheeks

- Use blush brush to apply blush by starting at the hairline, just under cheekbone, and pulling colour forward to apples of cheeks.
- Apply a small amount of highlighter on top of the cheekbones.

Stage 5: Lips

- Line and fill lips with lip liner.
- Apply red lipstick over entire top and bottom lips.
- Tip: You can use setting powder on your lips, too! This really prolongs the wear. Place a tissue over the lip, dip complexion brush into setting powder, getting a good amount of product on the brush. Dust over the area of the tissue that is on top of the lips.

Male Dancers

- Follow Stage 1: Skin to even out skin-tone and powder to prevent shine.
- Follow Stage 2: Eyebrows
- Stage 3: Lips Vitamin E Lip Balm

Checklist

Makeup Checklist

- \Box Foundation one-two shades darker than skin colour
- Brush/applicator for foundation
- Concealer
- \Box Contour Powder/Contour stick darker than foundation
- Brush for contour powder (if using powder)
- ☐ Matte Setting Powder
- Large, fluffy brush for setting powder
- Spooly / Eyebrow Comb
- Eyebrow Pencil or Eyebrow Powder
- U White Eyeshadow
- Light Brown Eyeshadow
- Dark Brown Eyeshadow
- Angled brush for eyeshadow
- Black Eyeliner (liquid eyeliner with a marker-like tip recommended)
- Black Mascara
- Pink Blush
- Brush for blush
- Highlighter
- Brush for highlighter
- Red Lip liner
- Red Lipstick
- Makeup Remover Wipes
- Tissues
- Cotton Tips
- ☐ Mirror



Hair Guides

High Ponytail Dance ensembles requiring a slick back straightened highpony tail for performances:

Little Groovers Rise Flame Shine Dance Company



Gather all you need A brush or comb Hair ties (preferably elastic and strong) Hair gel or spray Bobby pins (optional, for extra security)



MRS BROWN'S GUIDE TO A HIGH PONY TAIL

Brush hair and Straighten hair with hair straightener.



Gather all your hair into one hand using your other hand to brush out any bumps. Use water spray to help with fly aways





smooth, high position, secure your hair with a strong hair tie.



Apply a bit more gel or spray to the top and sides of your head to smooth down any flyaways or baby hairs.



Give your ponytail a final spritz of hairspray to lock in the style and keep it in place throughout your dance routine. Use bobby pins for fringes.



Middle-Part Low Ponytail

Dance ensembles requiring a middle part low slick back straightened ponytail for performances:

Hip Hop Squad Hip Hop Varsity Canterbury Dance Troupe









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Middle-Part Mid-Low Bun

Dance ensembles requiring a mid to low part low slick back bun for performances:

Ignite Dance Company Blaze Crew Show Team Canterbury Dance Company

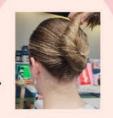
MRS BROWN'S GUIDE TO THE PERFECT BUN



Start with a low straight ponytail with a middle part



Gently twist the ponytail



-

Wrap it around to create a circle



Tuck the end under and secure with a pin. Hold flat with your palm



Cover with a hair net, twist and fold back over





Put the prongs of a bun pin through the side of the net and hair



Poke it through so you see both ends.



Pick up the hair and feed the pin back into the middle of the bun to secure



Repeat all the way around with about 10-12 pins



Hairspray



Ta-da!

Boys Hair

Boys hair must be neat and tidy as per the college uniform policy. If hair is long enough, it must be styled to the side with gel and or hairspray.

Hair length must be off the ears and face, and not interfere with the eyes. Boys' hair is to be cut so it is above the buttoned collar of the formal College uniform.





Performance Events



Eisteddfods

Students in Shine Dance Company, Ignite Dance Company, Blaze Cew, Show Team, Canterbury Dance Company and Hip Hop Varsity will compete in two Eisteddfods in Term 3. These may be either on a school day or weekend.

2025 Proposed Dates (Dates and Times TBC with program release)

| Event | Teams | Dates |
|---|---------------|--|
| Quota Beenleigh Eisteddfod | Junior School | Friday 8th August |
| Logan Entertainment Centre | Senior School | Between Friday 1 st and Thursday 7 th August (one day only) |
| Gold Coast Eisteddfod A.B Paterson College, Arundel | Junior School | Between the Friday 29th – Sunday 31st August (one day only) |
| | Senior School | Between the Friday 29th – Sunday 31st August (one day only) |

Transport

If the Eisteddfod is scheduled on a regular school day, students will be transported by bus to and from the venue. If the Eisteddfod is scheduled on the weekend, parents will be required to drop students at the venue and pick them up at the specified times which will be released upon finalisation of the program.

Tickets

Parents, family members and friends are invited and encouraged to come along to watch and support the dancers. Tickets must be purchased online only (no tickets available on the day)

Quota Beenleigh Eisteddfod - audience tickets must be purchased online at Logan Entertainment Centre – bookings will open approximately one month prior to the Eisteddfod start. A link will be posted when available from the organisers.

Gold Coast Eisteddfod – audience tickets will be available two weeks before the event. Please be aware that the Junior School morning session sells out quickly.

Approximate costs for family members to join the audience are:

AdultConcession\$20.00\$10.00Dancers must remain with College staff for the duration of the session so will not need a
spectator ticket.

On the Day

- Hair and makeup must be immaculate and completed prior to arrival. Please refer to the make up and hair guide in this handbook.
- Students must be wearing their full dance uniform
- Female dancers leggings, singlet, jacket, white sneakers for all ensembles (except Shine Dance Company who will wear black school sport). Please have skin tone coloured underwear and stockings already on underneath the leggings.
- Male dancers t-shirt, basketball shorts, jacket, white sneakers (black for Shine)
- Please leave all jewellery at home.
- Finger and toenails must be short, smooth, and free of nail polish.
- Please ensure the stockings are rolled off students' feet to prevent staining from their shoes.
- Students are to bring:
- Costume bag with ALL costume pieces (issued to students the week before the performance).
- Sports bag with jazz shoes, food, water bottles and hair and makeup supplies for touch-ups. Please ensure food is not likely to spill or spoil, and ensure food is nutritious.
- Students in Blaze must bring their black t-shirt and white ankle socks.

Permission

A parent or carer is required to give permission for your child to attend each eisteddfod via a Microsoft form prior to the event. This link will be posted on MyCC. If your child is unable to attend, you must notify Mrs Brown and arts administration well in advance. It is an expectation that all students in competitive performance ensembles are in attendance for all performances.

Musicals

The college has a proud tradition of musical productions across both the Junior and Senior school. During selected production years, dance performance ensembles are invited to showcase their talents as part of the show. In this instance, the chosen ensembles will also compete with their musical piece at the eisteddfods for that year. All communication regarding a musical after it has been announced can be found on its own MyCC page linked through the Performing Arts.

Assemblies

In Terms Two and Three, dance ensembles are invited by the Director of Performing Arts to perform a routine at assembly. Parents and carers are invited to attend and will be notified of the date of the performance on MyCC prior to the event.

Dancers will need the following for the day:

- Skin coloured undergarments
- Packed lunch students will be rehearsing during lunch time and will need to bring their lunch with them to the CEC.
- Water bottle
- Please **arrive for the school day** with hair slick back in the ensemble style noted in the hair guide above and secure it with hairspray.
- No make up is required for assembly performances.
- Students must Mrs Brown at **Nabei uncover area** at the start of lunch time for a roll call and technical rehearsal in the CEC at 1pm.
- Students will then eat lunch backstage and change into costume.



Dance Spectacular

Dance Spectacular is our annual showcase featuring all Prep to Year 12 dance ensembles. In 2025, this will take place on Friday 5 September, from 6:00pm to 7:30pm, in the Canterbury Events Centre (CEC). Tickets are not required.

Rehearsals

Friday 23 August Finale Rehearsal: 3:30pm – 5:00pm (CEC) Attire: Dance or sports uniform with dance shoes (no hair, make-up, or costumes).

Friday 5 September (Student Free Day) Dress Rehearsal: 1:00pm – 4:30pm (CEC)

Event Day Schedule

1:00pm: Arrival, sign in and warm-up

- Attire Dance uniform with hair and make-up complete (except lipstick).
- Female dancers must arrive with skin coloured underwear and stockings on underneath their uniform.
- Bring sports bag, jazz shoes, activity/homework, and touch-up supplies.
- No jewellery, nail polish, or electronic devices.

1:30pm – 2:30pm: Finale Rehearsal (All dancers except Little Groovers Prep).

2:30pm – 4:30pm: Dress Rehearsal.

4:30pm – 5:15pm: Optional FATHER'S DAY BBQ or packed dinner.

Parents/carers may collect their child/ren at this time to enjoy the BBQ. A microsoft form link will be posted on MyCC for your to complete if you will collect your child/ren at this time to ensure the collection process is timely (form will open on 1 August). Alternatively, students can bring a packed dinner to have in the CEC. Please also pack a large water bottle and an afternoon snack. Please ensure food is nutritious and non-messy to protect costumes from damage.

3.45pm - Little Groovers Prep arrive for rehearsal with their leotard under their sports uniform, white socks and jazz shoes (female dancers). Please ensure their school sports shoes are packed in their bag.

5:15pm – 6:00pm: Final preparation in dressing rooms.

6:00pm – 7:30pm: Performance.

Post-Show

Students will change back into dance uniforms and return costumes. This process may take up to 30 minutes.

Parents are not permitted backstage. Younger students will be assisted by staff as needed.



Pick-up Points:

Each ensemble will have designated collection areas.

Uniform and costumes

Please refer to the make-up, uniform and hair guides for your ensemble. Additionally, please refer back to the uniform guide and additional performance items required.



Southern Federation of Dance Exams (SFD)

The Southern Federation of Dance exam session at Canterbury College are available to students as part of our extensive dance program. The exams are scheduled in Week 6 of Term 4. The examination is optional for students in Little Groovers Prep, Rise Dance Class, Flame Dance Class, Shine Dance Company and the SFD Technique Class.

SFD JAZZ SYLLABUS

Filled with energy and style, students love performing the on-trend Jazz Syllabus. Each exercise and combinations build technique and strength whilst being enjoyable to perform. Every level of the SFD syllabus has been choreographed collaboratively by a wide range of industry professionals.

Syllabus Features

Levels 1 to 10 QCCA accredited from level 7

- Develops skills that build progressively into more challenging dance combinations.
- Theory across all levels

Exam Requirements:

- Students will be entered into groups of 5 or 6.
- Exams will be held at Canterbury College.
- Students in Level 1 (Prep) will be assisted by their teacher in the exam. Level 2 (Rise) students will also have their teacher present in the room.
- Students will be required to attend an exam rehearsal in the Performing Arts Theatre in their specific groups. This may be held outside of their normal dance class.
- Students will be provided with a leotard and will need to provide their own tan tights and black jazz shoes. Hair must be styled in a bun. No makeup is required.

Exam Dates - Term 4, Week 6 (date TBA)

Exam rehearsal in the Performing Arts Theatre the week prior to the exams in the student's scheduled lesson.

Exam Costs:

\$85.00

This fee will be sundry billed prior to the exam and includes a certificate, report from an external examiner, and a medal.



Studio Lessons

Canterbury offers private and small group dance tuition through the Arts Academy studio tuition program. Students are provided with the opportunity to have lessons in the dance genre of their choice. Lessons are recognised as an important part of the Academic program, with lessons scheduled on rotating timetables throughout the College day. The Studio Tuition Program is staffed by a specialist dance teacher. More information can be found on the Canterbury College website <u>CLICK HERE</u>.

