



Canterbury Sport Training Schedule Term 1 2022



| Team | Training Details |
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| TAS Girls Basketball | |
| First V | Tuesday and Friday Morning 7:00–8:00am in Sports Hall |
| Second V | Tuesday Morning 7:00–8:00am and Thursday Afternoon 3:30-4:45pm in Sports Hall |
| Year 10 | Tuesday and Friday Morning 7:00–8:00am in Sports Hall |
| Year 9 | Tuesday and Thursday Afternoon 3:30-4:45pm in Sports Hall |
| Year 8 | Tuesday Afternoon 3:30-4:45pm and Thursday Morning 7:00-8:00am in Sports Hall |
| 8 Navy Supp | Thursday Morning 7:00-8:00am in Sports Hall |
| Year 7 | Tuesday Afternoon 3:30-4:45pm and Thursday Morning 7:00-8:00am in Sports Hall |
| 7 Navy Supp | Thursday Morning 7:00-8:00am in Sports Hall |
| TAS Girls Football | |
| First XI | Tuesday and Thursday Afternoon 3:30-5:00pm on Oval 1 |
| Year 9/10 | Monday and Thursday Morning 7:00-8:00am on Oval 1 |
| Year 7/8 | Tuesday and Wednesday Afternoon 3.30-5.00pm on Oval 1 |
| TAS Girls Tennis | |
| Senior First IV, Second IV, Third IV | Tuesday 3:30 – 4:45pm and Friday 7:00 – 8:00am at Tennis Centre |
| Intermediate Firsts, Seconds, Thirds | Tuesday 7:00 – 8:00am and 3:30 – 4:45pm at Tennis Centre |
| TAS Boys Volleyball | |
| First VI | Wednesday 6:30-8:00am and Thursday 3:30-5:00pm in CEC |
| Second VI | Wednesday 7:00-8:00am and Thursday 3:30-4:45pm in CEC |
| Year 10 | Thursday 7:00-8:00am and Friday 3:30-4:45pm in CEC |
| Year 9/10 Navy Supp | Tuesday 3:30-4:45pm and Friday 3:30-4:45pm in CEC |
| Year 9 A | Tuesday 3:30-4:45pm and Thursday 7:00-8:00am in CEC |
| Year 8 A | Tuesday 7:00-8:00am and Thursday 3:30-4:45pm in CEC |
| Year 8 Navy Supp | Tuesday 7:00-8:00am and Friday 3:30-4:45pm in CEC |
| Year 8 Red Supp | Tuesday 7:00-8:00am and Thursday 3:30-4:45pm in CEC |
| Year 7 | Tuesday 3:30-4:45pm and Thursday 7:00-8:00am in CEC |
| Year 7 Navy Supp | Tuesday 3:30-4:45pm and Wednesday 7:00-8:00am in CEC |
| TAS Boys Cricket | |
| First XI | Monday and Thursday 3:30 – 4:45pm on Oval 1 |
| Second XI | Thursday 3:30 – 4:45pm on Oval 1 |
| Intermediate 1 | Tuesday and Thursday 3:30 – 4:45pm on Oval 1 |
| Intermediate 2 | Tuesday and Thursday 3:30 – 4:45pm on Oval 1 |
| Intermediate 3 | Tuesday and Thursday 3:30 – 4:45pm on Oval 1 |
| TAS Swimming | |
| All Year 7-12 students | Wednesday and Friday 7:00 – 8:00am at the Aquatic Centre |
| TAS Cross Country | |
| All Year 7-12 students | Tuesday, Thursday and Friday 7:00 – 8:00am on Oval 1 |
| Gym | |
| | Commencing week 4 |